

Jean Patteson | Sentinel Staff Writer



New wrinkle relaxer fast and strong

Q **uestion:** My friends are all buzzing about Dysport, but they don't seem to know anything about it except it is something like Botox. How does it work? Is it safe?

Answer: Dysport, like Botox, is a wrinkle relaxer. When injected, it paralyzes the facial muscles that cause frown lines and crows feet. It was approved for cosmetic use by the U.S. Food and Drug Administration (FDA) in April.

A treatment usually involves three to five small, almost-painless injections, which relax the muscles over several days. Dysport lasts up to eight months, compared to the four to six months Botox is effective. It also is slightly stronger and faster-acting than Botox, says Roger Bassin, an oculoplastic surgeon and medical director of the Bassin Center for Facial Plastic Surgery in Orlando. And it spreads better, offering a more natural appearance.

Treatments cost slightly less than for Botox. For example, to treat frown lines between the brows, Dysport costs \$190-\$240, compared to \$200-\$250 for Botox.

Side effects may include temporary soreness or bruising around the injection site or slight headaches. More-rare

reactions include ptosis (drooping eyelid), which may last a few days or up for four weeks, and an allergic reaction that can cause flu-like symptoms.

Dysport is marketed by Medicis Aesthetics. It should be administered only by medical professionals. For more information, especially if you are considering treatments, consult your doctor.

Small bras can be pretty, too

Q: The women in my family are not at all full-figured. Flat-as-a-board is more like it. But we still need bras. Why is it that so many bra lines only offer cup sizes starting at B or C? We need A cups, or even AA cups - but in size 36 or 38. If we ever find AA cups, you can bet they'll be in size 32 bras.

A: Perhaps you haven't been shopping in the right places. Bras for small-busted women are available. You simply need to know where to look. Wacoal, for example, which you can find in most department stores, has a "petite" line with small cups. And lingerie Web sites such as figleaves.com and bare necessities.com offer AA cups up to size 36.

You might also check out a new line, ittybittybra.com.

And readers, if you have suggestions for finding small-cup bras, do share.

Classic Consignments

Central Florida consignment shoppers, this is for you: Cheryl Wood, owner of Classic Consignments, has opened her third store on the corner of State Road 436 and Red Bug Lake Road. The space has been completely refurbished and stocked with clothing and accessories.

Lost & Found

Lost: Edith is trying to track down Le Mirador skin-care products, which used to be available on the QVC shopping channel.

Lorena is looking for a lightweight, hooded rain jacket to pack for a trip to Europe this summer. But she wants it to look dressy enough to wear at night to the theater and nice restaurants. Any suggestions?

Found: Sam can purchase Banana Republic's eco-friendly line of Green Elephant apparel, including men's and women's organic cotton t-shirts and jeans, at Banana Republic Factory Stores in outlet malls. And this is cool: Customers who purchase the 35-percent organic cotton tote will receive 10 percent off all future purchases when shopping with their tote.